



ROSS REPORTER

60 WOODLANDS ROAD
ST. ALBERT, AB T8N 3X3
www.nmr.gsacrd.ab.ca

Please join us this coming Friday at 10:30am for our Remembrance Day Observance in our gym. All are welcome.



After much trying, we are no longer able to sell milk at NMR. The process with our new online purchasing system does not allow us on the backend to easily charge families or track sales for specific days. We thank you for your understanding.

Dear Neil M Ross Families,

We have already been working hard this year on developing our faith and learning goals for 2022/2023 based on analysis of our survey data. We are excited for the year ahead and to share with you, the learning journey we will be on:

Faith Goal: At NMR students, staff and parents know, model, and witness Jesus Christ through our theme of ARISE! GET GOING! and GO WITH GOD! and to help students see themselves as Christ for others and as bearers and deliverers of His love and life-giving touch.

Learning Goal: At NMR, staff will, through a faith-based and Truth and Reconciliation lens, work to ensure students benefit from research-based practices with a hands-on and technology focus in order to provide differentiated instruction with a focus on conceptual understanding through the practice progressions.

Lost and Found: We have quite the growing number of items in the lost and found that are waiting to be returned to your home! Please support us in getting items back to you by reminding your children to look for their missing items periodically or as they pass by to take a look as they use the washrooms. As a school family, we also remind them regularly here at the school to check for items that might be theirs.

Faith News Thanksgiving and the month of October was a wonderful time to share our blessings with those who are less fortunate. In keeping with our goal of ARISE! Get Up! Get Going! GO WITH GOD! as Jesus has called us to do, we were able to "Feed the Hungry" by donating food to the St. Albert Food Bank. We were able to also support Holy Family Parish by decorating paper bags that were given out at mass to be filled with donations. We are humbled by the wonderful support you have shown during a time when so many families are in need.

"Like good stewards of the manifold grace of God, serve one another with whatever gift each of you has received" 1 Peter 4:10.

S.O.A.R.

Did you know we have a wonderful Safe and Caring program here at Neil M Ross that helps guide students with their choices and create positive relationships? It is called **S.O.A.R.**

Students earn a "green ticket" for making positive choices regarding **Safety, Ownership, Acceptance** and **Respect** and they put them in for a draw for one of three prizes each Monday morning during our assembly. It is a great way for us to promote positive behaviour towards one another as well as themselves. They can earn tickets doing so many great things such as including kids in play during recess, helping others when they drop something, holding a door for a friend or teacher and many more. We have also reminded our students about crosswalk safety and we ask your cooperation in using the crosswalks with your children when you are bringing them to and from school.



Reminders:

As a reminder and to help streamline attendance, please be sure to enter all absences, late arrivals and appointments/early pickups through the Safe Arrival site as this helps us to make sure your child is ready to go when you need them to be. Also, emailing your child's teacher as well helps to keep everyone informed.

We wish you MANY Halloween Blessings for trick or treating tomorrow night!

Principal

Shelby Moser

Vice Principal

Rob Rawcliffe

Parent Portal Information

Click [HERE](#) to see our Parent Portal handbook to access your child's up-to-date assessment and progress. This is where you will access your child's first report card on Dec. 5th.

Please access your parent portal to pay any school fees owing.
Remember school fees are now DUE.

Your NMR staff are ready to have fun this Halloween! Come and share in the costume fun tomorrow morning at assembly!

November Dates to Remember

Nov 1: NO CLASSES

Nov 2: All Souls Day

Nov 4: Remembrance Day Observance @ 10:30am **WEAR RED**
: Healthy Hunger - OPA

Nov. 6: Daylight Savings Time ... Turn the clock back one hour.



Nov 7 - 11: Fall Break (NO CLASSES)

Nov 14 - 18: ANTI BULLYING WEEK!

Nov. 16 - Gr. 1 field trip to Library

Nov 17: Friends of NMR meeting @ 7pm in the staff room!

Nov. 18: Jersey Day wear your Favourite JERSEY!
Healthy Hunger - Cora

Nov. 21- Gr. 2 field trip to St. Albert Profiles

Nov 22: School Council Meeting @ 7pm

Nov. 23: Healthy Hunger - Taste of Ukraine
Kgn Creative Caravan ornaments
: Kindergarten Celebration of Learning 4-7:30pm

Nov. 24: Kindergarten Celebration of Learning 4-7pm

Nov. 25: Staff Meeting/PD Day (No Classes)

Nov 27: 1st Sunday of Advent
: NMR Advent Family Mass and Catholic Education Sunday at HFP @5pm.

Nov 28: Advent Kickoff Assembly **HOPE**

Poppy Donations for Veterans

In support of the courageous acts of our Canadian Veterans who have served in many capacities to keep us safe here in Canada, we are asking families to donate \$1, \$2, or whatever you might spare in exchange for a poppy for your child to wear on Friday Nov. 4th. That day, we are having a Remembrance Observance in our gym.



All Saints Day and All Souls Day


November is a month for remembering those who have passed away. It begins with All Saints Day (November 1) and All Souls Day (November 2). We are creating a shrine in our school once again to honour our deceased loved ones. We are inviting students and staff to bring pictures and mementoes of any family members or friends who have died. These will be reverently displayed in our shrine or on the classroom prayer table and will serve as a reminder of these loved ones and our call to pray for the repose of their souls. The shrine also reminds us that this life is temporary and that we are on a journey to heaven and eternal life with God.

If you would like to send a picture or memento to the school to be placed in our shrine, please *ensure that it is carefully labeled with your name*. The shrine will remain for the month of November, and all items will be returned at the end of the month.

YEARBOOK

Don't miss out on your chance to own the greatest story of the year...your official NEIL M ROSS YEARBOOK! Reserve your copy now!

Parent Portal

 Facebook

<https://bit.ly/2mbrVqQ>

Friends of NMR

<http://bit.ly/2Dqc2vk>

Website



<https://www.nmr.gsacrd.ab.ca/>



Twitter

https://twitter.com/NMR_School



Instagram

https://www.instagram.com/nmr_gsacrd/?hl=en

Updates from:

School Council
Friends of NMR

Did you know ...

Families are asked to contact the Municipal Enforcement line at (780) 458-7700 if they have any concerns or complaints regarding the Dog Park surrounding our school.

If your family or another family that you know is in need of assistance for items like groceries, clothing, etc please contact Shelby Moser. Help can be made available to those families in need.

Our next School Council meeting will be held on November 22nd at 7:00pm in the SOAR Centre! All parents are invited to our social gathering following the meeting!

Administration Wish List:

At the November meeting, Administration will be presenting their wish list for the School Year.

All parents are invited to attend the meeting, provide feedback and vote on the wish list items that they would like School Council to request funds for. Please attend the meeting in-person or on-line to vote! Your voice matters and can make a difference!

Holy Family Parish News

Dear Parishioners of Holy Family,
After a couple of years of not being able to
fundraise your help is needed!
This weekend, and over the next four weekends,
we will be selling raffle tickets in the
welcoming area for:

- ~ \$300 Gift Certificate for the Mayfield Dinner Theatre
- ~ \$200 Gift Card for Superstore
- ~ \$100 Cash

Tickets are 1 for \$2 or 10 tickets for \$20
The draw date will be at our Craft & Bake Sale
Saturday, November 12th.
Thank you for your continued support!
Evelyn Dunne, HFP CWL President



ALL SAINTS MEAL @ HFP

Our parish is holding an All Saints Meal on October 30th at 12:30 pm. All are welcome! It will be good to reconnect with our friends and families. We encourage the children to come dressed as their favourite Saint.

We are hoping to sell 300 tickets. The cost is \$7 per person or \$25 per family. (Children under 3 are free) The cut-off for ticket sales will be Monday, October 24th and we will not be selling tickets at the door. This weekend we will be selling tickets after all Masses. Payment can be made on site by cash or cheque payable to Holy Family Parish. As the event is now close to being sold out, we will no longer be accepting payment by e-transfer.

There will also be a sign-up sheet to help with coffee/tea/juice or to help clean up after the meal. You are encouraged to put your name down for one of these activities. Thank you in advance.

Let us make this a joyful and blessed celebration to bring our parish families back together. We need to rebuild our parish community with thanksgiving to God for all He has given us.

HAPPY HALLOWEEN

We have plenty of excitement building up to the creativity of Halloween! We encourage our students to dress-up on Monday, October 31st!

We simply want to communicate a few reminders to families when sending your children to school with their Halloween costumes. It is possible you may need to make some modifications to your child's costume so that they are not hampered by their costume when in class. Although teachers do different activities on this day, it is still a regular school day with curricular outcomes being covered.



Please consider the following questions before sending your child to school in their costume.

Will my child be warm enough for outside recess?
Can my child still participate in daily activities such as physical education?
Can my child get in and out of the costume independently for washroom breaks?

Please keep in mind that costumes worn to school should be respectful of our diverse student population as well as our faith. Sometimes, even with good intent or even without fully realizing it, people may wear costumes that may make others feel scared, insulted or embarrassed. Please avoid any costumes that mimic cultural, racial or ethnic groups.

Our goal is to help students have fun, be creative with their imaginations and show others kindness while celebrating All Hallow's Eve; a celebrated day in our Catholic Church.

ESSENTIAL SAFETY PROTOCOLS

As has been in the past - we kindly remind families to please refrain from sending any props whatsoever to school that may accompany their child's costume (this would include toy guns, toy swords, toy knives, and any other sort of weapons). These items not only increase touch points for potential transmission of the virus, but are also a safety concern and can scare children.

HALLOWEEN TREATS

Students are permitted to bring in allergy safe treats to share with their classmates as well as Halloween cards.

Speech Therapy Changes

AHS Paediatric Rehabilitation Services has expanded their services to include children up to 18 years old who have speech sound goals. This means that students who would benefit from the support of a Speech-Language Pathologist (SLP) for their speech sound development will now be seen through AHS. If your child has previously received these services through the school, you will be contacted by our SLP directly with more information regarding your child's goals. If you would like to initiate speech therapy services for your child through AHS, please call 780-408-8793 for children 0-5 years, or 780-735-3489 for children 6-18 years.



Childhood Anxiety: Helping Children Heal

Date: Thursday, November 3, 2022

Time: 6:00- 8:00pm

Location: Arden Theatre

This presentation is appropriate for parents, educators, childcare professionals, caregivers, and mental health professionals.

The session has a holistic and strength-based approach that focuses on what we, as caretakers, parents, and professionals can do versus stigmatizing struggling children. Various facets of the child's environment will be explored that can contribute to a child's emotional struggles.

Join Tania Johnson, Registered Psychologist, Registered Play Therapist, and Co-Founder of the Institute of Child Psychology, as we explore the following:

OBJECTIVES:

Identify neurobiological and physiological mechanisms that underlie anxiety

Describe ways in which parenting styles can contribute to anxiety in children

Implement a variety of emotion regulation strategies

Recognize environmental and societal factors that contribute to the increase in anxiety among children

To get your free tickets please click here:

<https://stalbert.ca/events/calendar/arden-theatre/childhood-anxiety-helping-children-heal/>

Please note that if you cannot attend in person, virtually streaming of the presentation is an available option.